



Co-op Savings and Highlights

Find over 1,000 specials online at coopfoodstore.coop



Save on all the items to complete your Easter meal

THIS FRIDAY & SATURDAY (4/14 & 4/15)

Member Discount Days

Members, save 10%* on everything throughout the store!

*Alcohol and Service Center excluded.

SALES GOOD APRIL 13-19

GROCERY

- Blue Diamond Original Unsweetened Almond Breeze**
32 fl oz**2/3** save 1.49 ea
- Annie's White Cheddar Bunnies Crackers, 7.5 oz****2/5** save 1.49 ea
- Divine Fair Trade Chocolate Bar**
All varieties, 3.5 oz**2/5** save 99¢ ea
- General Mills Cheerios**
18 oz**2/5** save 2.49 ea
- Brianna's Dressing**
Select varieties, 12 fl oz ...**2/5** save 1.49 ea
- Prince Elbow Macaroni**
16 oz**5/5** save 69¢ ea
- Barbara's Peanut Butter Puffins Cereal, 11 oz****2/99** save 2.00
- Bisquick Baking Mix**
20 oz **1/99** save 50¢
- Santa Cruz Organic Dark Roasted Peanut Butter: Creamy, Crunchy, 16 oz****4/99** save 1.00
- Late July Mini Peanut Butter Crackers, 5 oz****2/69** save 1.50
- Mary's Gone Crackers Gluten-Free Crackers**
All varieties, 6.5 oz**3/69** save 1.30
- CLIF CRUNCH Granola Bars**
All varieties, 7.4 oz**2/99** save 1.50
- Carr's Table Water Crackers**
Select varieties,
4.25-7 oz**2/79** save 50¢
- Napa Valley Naturals Imported Organic Extra Virgin Olive Oil**
25.4 fl oz**8/99** save 6.00
- Wholesome! Organic Cane Sugar**
32 oz**4/69** save 1.30
- Annie Chun's Peanut Sesame Noodle Bowl, 8.8 oz****2/99** save 1.00

GROCERY

- Lundberg Farms Organic Jasmine Rice**
2 lb bag**5/99** save 1.00
- R.W. Knudsen Organic Mango Nectar**
32 fl oz**2/99** save 1.80
- Lake Champlain Organic Filled Chocolate Bar**
All varieties, 3.25 oz**2/99** save 1.00
- Field Day 100% Recycled Paper Towels**
Custom size **1/19** save 80¢
- Field Day 100% Recycled 2-Ply Bath Tissue**
12 rolls, 300 count**5/49** save 1.50

MEAT

- Fresh Bone-In Lamb Legs****7/49lb** save 1.50
- Boneless Center Cut Pork Chops****2/99lb** save 1.00
- Boneless Pork Spare Ribs****2/49lb** save 1.00
- Boar's Head Smoked Bacon**
16 oz**5/99** save 1.00
- Pineland Farms Natural Sirloin Steak or Roast** **6/99lb** save 1.50
- Smart Chicken Boneless Chicken Breast****6/79lb** save 70¢

SEAFOOD

- Orca Bay Sockeye Salmon Fillets**
10 oz**9/99** save 2.00
 - Orca Bay Mahi Fillets**
10 oz**7/99** save 3.00
- FishWise Yellow Choice**
- Prince Edward Island Mussels**
Farm-raised**2/99lb** save 80¢

PRODUCE

- Organic Bartlett Pears** **1/19lb** save 70¢
- Organic Dates****8/99lb** save 4.00
- Organic Sweet Mini Peppers**
Pint**3/99** save 1.00
- Organic Portabella Mushrooms****4/99lb** save 3.80
- Organic Celery, sleeve** **1/69** save 60¢
- Strawberries, 16 oz****3/69** save 80¢
- Blackberries, 6 oz****2/99** save 2.00
- Lemons****2/1** save 29¢ ea
- Limes****2/1** save 29¢ ea
- Golden Pineapple****3/49** save 1.50
- Cantaloupe Melon****2/4** save 99¢ ea
- Honeydew Melon****3/99** save 1.00
- Asparagus****3/49lb** save 50¢
- Green Beans** **1/39lb** save 1.00
- Mesclun Salad Mix****4/99lb** save 3.00
- Yukon Gold Potatoes**
5 lb bag**2/99** save 2.00
- Sweet Potatoes****7/9¢lb** save 50¢
- Cluster Tomatoes****2/79lb** save 1.20

DELI

- Cabot Creamery Cooperative Cheddar Cheese**
Sharp, Mild**6/49lb** save 80¢
- McKenzie Natural Artisan Deli Oven Roasted Turkey Breast****8/99lb** save 1.00
- North Country Smokehouse Nitrate-Free Boneless Ham****9/49lb** save 1.00
- Kayem New York Style Black Pastrami****8/99lb** save 1.00

Easter Hours: All Co-op Locations will be CLOSED Sunday, April 16. Gas Pumps will be OPEN 6 a.m.-10 p.m.

BEVERAGE

- Gatorade Thirst Quencher**
All varieties, 6-pack,
72 fl oz **2/6** *save 1.59 ea*
- Honest Fizz Organic Root Beer**
6-pack, 72 fl oz **3⁹⁹** *save 2.00*
- Polar Drink Mixers**
All varieties, 1 liter **79¢** *save 20¢*
- Snapple Tea, All varieties,**
6-pack, 96 fl oz **5²⁹** *save 2.70*

NEW HAMPSHIRE STORES ONLY

- Smuttynose Brewing Company Beer and Ales**
All varieties, 12-pack,
144 fl oz **13⁹⁹** *save 1.00*
- Tussock Jumper Wines Malbec**
Argentina, 750 ml **13⁹⁹** *save 3.00*

VERMONT STORE ONLY

- von Trapp Brewing Dunkel Lager**
6-pack, 72 fl oz **8⁴⁹** *save 1.00*
- Twisted Wine**
All varieties, California,
1.5 liter **11⁹⁹** *save 3.00*

BAKERY

- Little Northern Bakehouse Delicious Gluten-Free Millet & Chia Loaf**
16 oz **4²⁹** *save 2.20*
- Pepperidge Farm Farmhouse Bread**
All varieties, 22-24 oz **2⁹⁹** *save 1.00*

DAIRY

- Yoplait Yogurt**
All varieties, 4-6 oz **2/1** *save 29¢ ea*
- Cabot Creamery Cooperative American Cheese Slices**
All varieties, 12 oz **2/5** *save 1.19 ea*
- Pillsbury Cinnamon Rolls**
12.4 oz **2¹⁹** *save 70¢*
- Immaculate Gluten-Free Chocolate Chunk Cookie Dough**
14 oz **3²⁹** *save 70¢*
- Green Valley Organics Lactose-Free Plain Kefir**
32 fl oz **4¹⁹** *save 80¢*

BULK

- Co-op Food Stores Organic Dried Mango** **9⁹⁹lb** *save 3.00*
- Co-op Food Stores Organic Roasted & Salted Cashews** **11⁹⁹lb** *save 1.00*
- Woodstock Farms Dark Chocolate Covered Almonds** **7⁹⁹lb** *save 3.00*

HEALTH AND BODY CARE

- Vega Sport Protein Bar**
All varieties, 2.14 oz **2/5** *save 79¢ ea*
- A La Maison Liquid Soap**
All varieties, 16.9 fl oz **5⁹⁹** *save 2.00*
- JÄSÖN Body Wash**
All varieties, 30 fl oz **9⁹⁹** *save 5.00*

FROZEN

- Woodstock Farms Chopped Kale**
10 oz **2/3** *save 1.29 ea*
- Bertolli Meals for Two**
All varieties, 24 oz **6⁹⁹** *save 1.50*
- American Flatbread Tomato Sauce & Three Cheese Pizza**
15.5 oz **6⁹⁹** *save 3.00*
- Delizza Belgian Mini Eclairs**
14.8 oz **4⁹⁹** *save 50¢*
- Gifford's Ice Cream**
All varieties, 64 fl oz **4⁹⁹** *save 3.00*

CHEESE SHOP

- Sweet Red Peppadews**
South Africa, 14.75oz **4⁹⁹** *save 1.00*
- Emmentaler Swiss** **14⁹⁹lb** *save 1.50*

PREPARED FOODS

- Co-op Kitchens Greek Salad** **3⁹⁹** *save 1.00*
- Co-op Kitchens Tarragon Chicken Salad** **10⁹⁹lb** *save 1.00*

Vermont Fresh Pasta

Proctorsville, Vt.

- Ravioli**
Select varieties, 13 oz **6⁹⁹** *save 1.00*

FLORAL

- Mini Carnation, bunch** **6⁹⁹** *save 2.00*

Our Latest Big Deals

Available through April 19



Members: **39%** OFF

Organic Valley Organic Extra-Large Brown Eggs with Omega-3
12 count

Co-op Members
3⁹⁹ *save 2.50*
Non-Members
4⁹⁹ *save 1.50*



Members: **33%** OFF

Chobani Low-Fat & Nonfat Greek Yogurt
All varieties, 5.3 oz

Co-op Members
5/5 *save 49¢ ea*
Non-Members
1¹⁹ *save 30¢*



Members: **53%** OFF

Immaculate Pie Crusts, 15 oz

Co-op Members **2/5** *save 2.79 ea*
Non-Members **2⁹⁹** *save 2.30*



Members: **39%** OFF

Angie's BoomChickaPop Popcorn
Select varieties, 4.5-7 oz

Co-op Members
2/4 *save 1.29 ea*
Non-Members
2³⁹ *save 90¢*



Members: **33-45%** OFF

Woodstock Farms Organic Vegetables
Select varieties, 10 oz

Co-op Members
1⁹⁹ *save 1.00-1.60*
Non-Members
2/5 *save 49¢-1.09*