

## Valentine's Day Sweets!



Dipped Strawberries, Each ... **2<sup>49</sup>**

Carrot Cake, Each..... **4<sup>99</sup>**

Chocolate Caramel Bread Pudding  
Each, 6 oz..... **3<sup>49</sup>**

Peanut Butter Tart  
Each..... **2<sup>99</sup>**



White Chocolate Raspberry Cheesecake, Each..... **2<sup>99</sup>**

Along with our florist-quality roses, pick up these decadent Co-op Kitchen treats.

SALES GOOD FEBRUARY 8-14

### GROCERY

- Green & Black's Mini Organic Chocolate Bar**  
Dark, Milk, 1.2 oz ..... **2/3** save 49¢ ea
- Chocolove Dark Chocolate Bar**  
Select varieties, 3.2 oz .... **2/4** save 1.29 ea
- Annie's Organic Mac & Cheese**  
6 oz ..... **2/4** save 1.49 ea
- General Mills Honey Nut Cheerios Cereal**, 12.25 oz ..... **2/5** save 1.49 ea
- Kitchens of India Pindi Chana Chick Peas Curry**  
10 oz ..... **2/5** save 79¢ ea
- Blue Diamond Flax Seeds Artisan Nut-Thins**  
4.25 oz ..... **2/5** save 1.49 ea
- Barilla Pasta Sauce**  
All varieties, 24 oz ..... **2/4** save 50¢ ea
- Barilla Pasta**  
Select varieties, 16 oz .... **4/5** save 44¢ ea
- Full Circle Organic Beans**  
Select varieties, 15 oz .... **5/5** save 39¢ ea
- R.W. Knudsen Organic Mango Nectar**  
32 fl oz ..... **2/6** save 1.79 ea
- Cheez-It Baked Snack Crackers**  
All varieties, 9-12.4 oz .... **2/6** save 1.29
- Tazo Tea**  
Select varieties, 20 count **2/6** save 1.49 ea
- Ghirardelli Double Chocolate Brownie Mix**, 20 oz..... **2<sup>29</sup>** save 70¢
- GrandyOats Organic Coconola**  
All varieties, 9 oz ..... **5<sup>99</sup>** save 2.00
- Angie's BoomChickaPop White Cheddar Popcorn**  
4.5 oz ..... **2<sup>39</sup>** save 90¢
- Good Health Sea Salt Avocado Oil Kettle Chips**, 5 oz ..... **2<sup>69</sup>** save 80¢

### GROCERY

- Drew's Organic Dressing & Quick Marinade**  
Select varieties, 12 fl oz **2<sup>69</sup>** save 1.00
- California Olive Ranch Everyday Extra Virgin Olive Oil**  
25.4 fl oz ..... **11<sup>99</sup>** save 3.50
- Crofter's Organic Strawberry Conserves**  
16.5 oz ..... **3<sup>99</sup>** save 1.80
- Method Hand Wash**  
Select varieties, 12 fl oz .. **2/6** save 49¢ ea
- Seventh Generation Unbleached Jumbo Paper Towels**  
6 rolls ..... **10<sup>99</sup>** save 4.00

### DAIRY

- So Delicious Coconut Milk Yogurt**  
All varieties, 5.3 oz ..... **2/3** save 49¢ ea
- Tropicana Pure Premium Juice**  
All varieties, 59 fl oz ..... **2/6** save 2.29 ea
- Cabot Creamery Cooperative Sour Cream Dip**  
All varieties, 12 oz ..... **1<sup>69</sup>** save 30¢
- Noosa Finest Yoghurt**  
All varieties, 8 oz ..... **1<sup>79</sup>** save 50¢
- Cedar's Hummus**  
Select varieties, 8 oz ..... **1<sup>79</sup>** save 1.00
- Land O'Lakes Butter**  
Salted, Unsalted, 16 oz,  
4 sticks ..... **4<sup>29</sup>** save 1.00

### PREPARED FOOD

- Co-op Kitchen Take & Bake Vegetarian Pizza**  
24 oz ..... **7<sup>99</sup>** save 1.00
- Kettle Cuisine Soup**  
Lobster Bisque,  
Minestrone ..... **3<sup>99</sup>lb** save 1.00

### PRODUCE

- Organic Avocados** ..... **4/5** save 54¢ ea
- Organic Blueberries**  
6 oz ..... **3<sup>79</sup>** save 1.20
- Organic Cara Cara Oranges**... **2<sup>79</sup>lb** save 1.20
- Organic Cilantro**, ea... **1<sup>49</sup>** save 1.20
- Blood Oranges**..... **1<sup>99</sup>lb** save 1.00
- Cara Cara Navel Oranges** ..... **1<sup>99</sup>lb** save 1.00
- Clementines**, 5 lb box **6<sup>99</sup>** save 4.00
- Mangoes**, ea ..... **1<sup>19</sup>** save 1.30
- Pink Lady Apples** ..... **1<sup>99</sup>lb** save 80¢
- Strawberries**, 16 oz ..... **3<sup>49</sup>** save 2.50
- English Cucumbers**.... **2/3** save 1.09 ea
- Avocados**..... **7<sup>9¢</sup>** save 1.00
- Baby Peeled Carrots**  
16 oz ..... **8<sup>9¢</sup>** save 60¢
- Broccoli Crowns** ..... **1<sup>49</sup>lb** save 1.50
- Portabella Mushrooms**..... **3<sup>99</sup>lb** save 2.00
- Baking Potatoes** ..... **7<sup>9¢</sup>lb** save 30¢
- Sweet Onions** ..... **8<sup>9¢</sup>lb** save 90¢
- Imported Peppers**  
Orange, Red, Yellow ..... **2<sup>99</sup>lb** save 1.30
- Plum Tomatoes** ..... **1<sup>49</sup>lb** save 2.50
- Nasoya Organic Extra Firm TofuPlus**  
12 oz ..... **2/5** save 1.29 ea
- Wholly Guacamole**  
Classic, Spicy, 8 oz..... **2<sup>19</sup>** save 1.00

#### Blue Ox Farm Enfield, N.H.

- Organic Red Beets** .... **1<sup>29</sup>lb** save 1.10
- Organic Shallots**..... **4<sup>99</sup>lb** save 1.00



**BEVERAGE**

- Rebbl Super Herbs Elixirs**  
All varieties, 12 fl oz.....**2/6** *save 99¢ ea*
- Saratoga Natural Spring Water**  
28 fl oz ..... **1.99** *save 30¢*
- Fever-Tree Light Tonic Water**  
16.9 fl oz.....**2.79** *save 50¢*
- Coca-Cola Soft Drinks**  
Select varieties, 2 liter..... **1.29** *save 40¢*

NEW HAMPSHIRE STORES ONLY

- 90+ Cellars Wine**  
Select varieties, 750 ml **10.99** *save 2.00*
- Henniker Brewing Co. Beer and Ales**, All varieties,  
6-pack cans, 72 fl oz.....**7.99** *save 80¢*

VERMONT STORE ONLY

- Harpoon Beer and Ales**, All varieties,  
12-pack, 144 fl oz..... **15.99** *save 1.00*
- Gran Passione Rosso**  
Italy, 750 ml..... **11.99** *save 2.00*

**SEAFOOD**

- Sea Best Breaded Coconut Shrimp**  
9 oz ..... **3.99** *save 1.00*
- Yankee Trader Seafood Crab Rangoon**  
11 oz ..... **4.99** *save 1.00*

*FishWise Yellow Choice*

- Woods Wild Gulf Shrimp**, Wild-Caught,  
21-25 count ..... **10.99/lb** *save 4.00*

**FLORAL**

- 5" Phalaenopsis Orchid Plant**  
Each ..... **19.99** *save 5.00*

**DELI**

- McKenzie Natural Artisan Deli Hickory-Smoked Turkey Breast**.....**7.99/lb** *save 1.00*
- McKenzie Natural Artisan Deli Vermont Raw Milk Cheddar**.....**9.99/lb** *save 2.00*
- Land O'Lakes American Cheese White, Yellow**.....**4.29/lb** *save 1.20*
- Plainville Farms Organic Oven-Roasted Turkey Breast**  
6 oz.....**4.99** *save 2.00*

**CHEESE SHOP**

- Matiz Gallego Mussels in Olive Oil & Vinegar**, 4.2 oz.....**5.99** *save 1.00*
- Lazy Lady Farm*—Westfield, Vt.  
**Oh My Heart** ..... **21.99/lb** *save 3.00*

**BAKERY**

- Dave's Killer Bread Organic White Bread Done Right**  
24 oz ..... **4.99** *save 90¢*
- Divvies Vegan and Nut-Free Cookie Stack**  
Select varieties, 7-7.5 oz **3.99** *save 1.50-2.00*

**HEALTH AND BODY CARE**

- Badger Organic Lip Balm**  
All varieties, 0.15 oz..... **1.99** *save 1.00*
- Weleda Skin Food**  
2.5 fl oz ..... **10.99** *save 4.00*
- Provence Santé Wild Rose Big Bar Gift Box**  
Each ..... **11.99** *save 2.00*

**MEAT**



- Johnsonville Original Brats**  
19 oz ..... **4.99** *save 1.90*
- Applegate Organics Turkey Burgers**  
16 oz ..... **7.99** *save 2.50*
- Bone-In Pork Shoulder Roast** **1.99/lb** *save 30¢*
- Baby Back Spare Ribs** ..... **3.49/lb** *save 50¢*
- Tyson Wings of Fire Fully Cooked**.....**4.99/lb** *save 1.00*
- Select Grade Beef Tenderloin Steak or Roast**..... **17.99/lb** *save 2.00*

**FROZEN**

- Eggo Homestyle Waffles**  
12.3 oz ..... **2/4** *save 79¢ ea*
- Mrs. Paul's Lightly Breaded Haddock Fillets**  
8.5 oz ..... **2/5** *save 2.49 ea*
- Woodstock Farms Organic Cut Spinach**, 10 oz..... **1.99** *save 1.00*
- Ling Ling Potstickers Chicken & Vegetable**,  
13 oz ..... **4.39** *save 1.40*
- Brigham's Ice Cream**  
Select varieties, 32 fl oz **3.79** *save 1.20*

**BULK**

- Pitted Dried Tart Cherries** .... **7.99/lb** *save 3.00*
- Equal Exchange Organic Love Buzz Coffee Beans**.....**8.99/lb** *save 2.00*
- Tierra Farm Organic Roasted Salted Mixed Nuts** ..... **12.99/lb** *save 2.00*

**Our Latest Big Deals**

Available through February 14



Members: **55% OFF**

**Brown Cow Whole Milk Yogurt**  
Select varieties, 32 oz  
**Co-op Members**  
**2/4** *save 2.49 ea*  
**Non-Members**  
**2.49** *save 2.00*



Members: **50% OFF**

**Kettle Potato Chips**  
Select varieties, 5 oz  
**Co-op Members**  
**2/3** *save 1.49 ea*  
**Non-Members**  
**1.99** *save 1.00*



Members: **50% OFF**

**Nature's Gate Tea Tree Shampoo or Conditioner**  
18 fl oz  
**Co-op Members**  
**3.99** *save 4.00*  
**Non-Members**  
**4.99** *save 3.00*



Members: **42% OFF**

**Canyon Bakehouse Gluten-Free Bread**  
Select varieties,  
16-18 oz  
**Co-op Members**  
**3.49** *save 2.50*  
**Non-Members**  
**4.29** *save 1.70*



Members: **30% OFF**

**Talenti Gelato**  
Select varieties,  
16 fl oz  
**Co-op Members**  
**3.49** *save 1.50*  
**Non-Members**  
**3.99** *save 1.00*