



Co-op Savings and Highlights

Find over 800 specials online at coopfoodstore.coop

Local and Arriving In Stores Now

Large Red Tomatoes

Fresh-picked from Edgewater Farm—Plainfield, N.H.



SALES GOOD JULY 13–19

GROCERY

- Kellogg's Special K Cereal**
12 oz **2/5** save 1.89 ea
- Cape Cod Kettle Cooked Potato Chips**
All varieties, 7-9 oz **2/5** save 1.29 ea
- Snyder's of Hanover Wholey Cheese! Baked Crackers**
All varieties, 5 oz **2/5** save 1.19 ea
- Briannas Salad Dressing**
Select varieties, 12 fl oz .. **2/5** save 49¢ ea
- R.W. Knudsen Organic Very Veggie Juice**
32 fl oz **2/5** save 1.89 ea
- Ace of Diamonds Solid White Tuna in Water**
5 oz **4/5** save 54¢ ea
- Los Cantores Original Gluten-Free Tortilla Chips, 12.7 oz** **2/6** save 1.29 ea
- Capri Sun Juice Drink, Select varieties, 10-pack, 60 fl oz** **2/6** save 89¢ ea
- San Remo Organic Pasta**
All varieties, 16 oz **2/6** save 1.39 ea
- Hunt's Pasta Sauce**
All varieties, 24 oz **99¢** save 40¢
- Bakery On Main Gluten-Free Cranberry Almond Maple Granola**
12 oz **3⁹⁹** save 2.00
- Once Again Peanut Butter Creamy, Crunchy, 16 oz** .. **5⁹⁹** save 2.00
- CLIF CRUNCH Granola Bars**
All varieties, 7.4 oz **2⁹⁹** save 1.50
- Equal Exchange Fruit & Nut Bars**
All varieties, 1.41 oz **1⁷⁹** save 20¢
- Orville Redenbacher's Microwave Butter Popcorn**
8.7 oz **2²⁹** save 90¢

GROCERY

- Drew's Organic Salsa**
All varieties, 12 oz **2⁹⁹** save 1.40
- Stonewall Kitchen Sriracha Aioli**
10.25 oz **4⁹⁹** save 1.30
- Zoe Extra Virgin Olive Oil Tin**
33.8 fl oz **9⁹⁹** save 4.50
- Westbrae Organic Beans**
All varieties, 15 oz **1⁶⁹** save 60¢
- Chocolove Chocolate Bar**
Select varieties, 3.2 oz **2²⁹** save 1.00
- Seventh Generation Free & Clear Dish Liquid**
25 fl oz **2⁹⁹** save 1.00

DAIRY

- Yoplait Yogurt**
All varieties, 4-6 oz **2/1** save 29¢ ea
- Good Culture Organic Cottage Cheese**
All varieties, 5.3 oz **2/3** save 79¢ ea
- Cabot Creamery Cooperative Cottage Cheese**
All varieties, 16 oz **1⁹⁹** save 80¢
- Tropicana Pure Premium Orange Juice**
All varieties, 89 fl oz **4⁹⁹** save 3.20
- Green Valley Organics Lactose-Free Plain Kefir**
32 fl oz **3⁹⁹** save 1.00

CHEESE SHOP

- Calabro Ricotta**
24 oz **7⁹⁹** save 2.00
- Parmagiano-Reggiano Italy** **10⁹⁹lb** save 2.50

PRODUCE

- Organic Red Onions** .. **1⁰⁹lb** save 90¢
- Cherries** **4⁹⁹lb** save 1.50
- Rainier Cherries** **5⁹⁹lb** save 1.00
- Whole Seedless Watermelon** **4⁹⁹** save 1.80
- Mangoes** **99¢** save 1.30
- Kiwifruit** **3/1** save 17¢ ea
- Whole Golden Pineapple** **2⁹⁹** save 1.00
- Plums: Black, Red** **2⁴⁹lb** save 2.00
- English Cucumber** **2/3** save 49¢ ea
- Cauliflower** **2/5** save 1.49 ea
- Carrots, 1 lb bag** **59¢** save 50¢
- Eggplant** **1²⁹lb** save 1.00
- Tofurky Beer Brats**
14 oz **3⁹⁹** save 2.00

FROZEN

- Morning Star Farms Original Sausage Patties**
8 oz **3⁴⁹** save 80¢
- Woodstock Farms Organic Diced Mangos**
10 oz **2⁹⁹** save 1.60
- Dr. Praeger's California Veggie Burgers**
10 oz **3⁴⁹** save 1.50
- Diana's Bananas Milk Chocolate Banana Babies**
10.5 oz **3⁴⁹** save 1.20
- Walpole Creamery**—Walpole, N.H.
- Ice Cream**
All varieties, 16 fl oz **3⁹⁹** save 1.00

Saturday & Sunday

Members, save 10%* on everything throughout the store!

*Alcohol and Service Center excluded. Save 10% applies when members shop on the 15th-16th each month.

BEVERAGE

- Fever-Tree Ginger Beer, Ginger Ale and Tonic Water**
All varieties, 16.9 fl oz.....**2/5** *save 79¢ ea*
- DRY Sparkling Beverage**, All varieties, 4-pack, 48 fl oz**4⁹⁹** *save 2.00*
- Santa Cruz Sparkling Lemonade**
12 fl oz **1²⁹** *save 70¢*
- Honest Tea Organic Tea**
All varieties, 59 fl oz **2⁹⁹** *save 1.00*

NEW HAMPSHIRE STORES ONLY

- The Wolfrap Red Syrah**
South Africa, 750 ml **10⁹⁹** *save 3.00*
- 603 Brewery**—Londonderry, N.H.
- 18 Mile Rye Pale Ale**
6-pack, 72 fl oz **7⁹⁹** *save 1.00*

VERMONT STORE ONLY

- Domaine Bousquet Wine**
Select varieties, Argentina, 750 ml.....**9⁴⁹** *save 1.50*
- Magic Hat Brewing Company Beer and Ales**
All varieties, 6-pack, 72 fl oz **8⁹⁹** *save 1.00*

BAKERY

- Dave's Killer Bread**
- Organic Good Seed Thin Slice Bread**
20.5 oz **3⁹⁹** *save 1.00*
- Rudi's Organic Bakery**
- 100% Whole Wheat Burger Buns**
8 count **3⁴⁹** *save 1.10*

DELI

- Plainville Farms**
- Black Forest Uncured Ham**
7 oz **4⁹⁹** *save 1.50*
- Boar's Head Ovengold Roasted Turkey Breast** **8⁴⁹lb** *save 1.00*
- McKenzie Country Classics**
- Maple Cured Ham**..... **6⁹⁹lb** *save 1.00*
- Dietz & Watson Top Round London Broil Roast Beef**..... **10⁹⁹lb** *save 2.00*

BULK

- Organic Red Quinoa**.. **2³⁹lb** *save 90¢*
- Grandy Oats High Antioxidant Trail Mix** **9⁹⁹lb** *save 1.50*
- Dean's Beans**
- ReCUPS Single Serve Coffee**
All varieties, 12 count **7⁹⁹** *save 2.00*

PREPARED FOODS

- Fresh Cut Pineapple**... **3⁹⁹lb** *save 1.00*
- Co-op Kitchen**
- Tossed Garden Salad** **2⁹⁹** *save 1.00*
- Co-op Kitchen Turkey Sriracha Meatballs**..... **6⁴⁹lb** *save 1.00*

HEALTH AND BODY CARE

- A La Maison Liquid Soap**
All varieties, 16.9 fl oz..... **5⁹⁹** *save 2.00*
- Alba Botanica Aloe Vera Sunscreen**
4 fl oz **6⁹⁹** *save 3.00*
- Nordic Naturals Omega-3**
60 count **12⁹⁹** *save 2.00*

MEAT

- Co-op Quality**
- Fresh Ground Beef**..... **3⁴⁹lb** *save 1.00*
- Co-op Natural Meats**
- Pork Tenderloin**..... **6⁹⁹lb** *save 50¢*
- Smart Chicken**
- Natural Chicken Legs** **2⁴⁹lb** *save 80¢*
- Smart Chicken**
- Organic Chicken Tenders**
Tray pack..... **10⁴⁹lb** *save 1.00*
- Choice Grade Beef**
- Sirloin Tips**..... **10⁹⁹lb** *save 2.00*
- Boar's Head**
- Natural Casing Hot Dogs**
14 oz **5⁹⁹** *save 50¢*
- Boar's Head Smoked Bacon**
16 oz **5⁹⁹** *save 1.00*

SEAFOOD

FishWise Green Choice

- Fresh Sockeye Salmon Fillet**
Wild-caught..... **14⁹⁹lb** *save 1.50*

FishWise Yellow Choice

- Count Neck Clams**
Farm-raised..... **59¢** *save 10¢*
- Flounder Fillet**
Wild-caught..... **10⁹⁹lb** *save 2.00*

FLORAL

- Alstroemeria Bunch**
Each **6⁹⁹** *save 5.00*

Our Latest Big Deals

Available through July 19



Nasoya Organic Extra Firm Tofu
14 oz
Co-op Members
2/3 *save 1.79 ea*
Non-Members
1⁹⁹ *save 1.30*



Earth Friendly Ultra Ecos Liquid Laundry Detergent
Select varieties, 100 fl oz
Co-op Members
6⁹⁹ *save 7.00*
Non-Members
8⁹⁹ *save 5.00*



Seventh Generation Bath Tissue
12 rolls
Co-op Members
5⁶⁹ *save 5.30*
Non-Members
6⁶⁹ *save 4.30*



Napa Valley Imported Organic Extra Virgin Olive Oil, 25.4 fl oz
Co-op Members
7⁹⁹ *save 7.00*
Non-Members
8⁹⁹ *save 6.00*



Talenti Gelato
Select varieties, 16 fl oz
Co-op Members
2⁹⁹ *save 2.00*
Non-Members
3⁴⁹ *save 1.50*