

Sales Good March 8-14

# Daffodil Sale

Think Spring!

2/\$5 bunches

## GROCERY

- Progresso Bread Crumbs**  
All varieties, 15 oz ..... **2/3** save 49¢ ea
- Pepperidge Farm Goldfish Crackers**  
All varieties, 6.3-8 oz..... **2/4** save 49¢ ea
- Snack Factory Pretzel Crisps**  
Everything, Original,  
7.2 oz ..... **2/4** save 99¢ ea
- Ocean Spray 100% Cranberry Juice**  
60 fl oz ..... **2/5** save 1.49 ea
- Celestial Seasonings Tea**  
Select varieties,  
20 count ..... **2/5** save 49¢ ea
- Muir Glen Organic Fire Roasted Tomatoes**  
All varieties, 14.5 oz ..... **4/5** save 1.24 ea
- Al Dente Pasta**  
Select varieties, 12 oz ..... **2/6** save 99¢ ea
- Quaker Instant Oatmeal**  
All varieties, 9.8-15.1 oz **2/5** save 1.39 ea
- Nature's Path Organic Heritage Flakes Cereal**  
32 oz Eco Pac..... **6<sup>99</sup>** save 2.00
- CLIF Crunch Granola Bar**  
All varieties, 7.4 oz..... **2<sup>99</sup>** save 1.50
- Pirates Booty Aged White Cheddar Puffs**  
10 oz ..... **4<sup>99</sup>** save 2.00
- Kettle Krinkle Cut Potato Chips**  
All varieties, 13 oz ..... **3<sup>99</sup>** save 2.00
- Unique Pretzel "Splits"**  
Select varieties, 11 oz ..... **2<sup>59</sup>** save 70¢
- Trappist Red Raspberry Seedless Jam, 12 oz.... **2<sup>99</sup>** save 1.00**

## GROCERY

- Wild Planet Albacore Wild Tuna**  
5 oz ..... **3<sup>39</sup>** save 1.30
- Imagine Foods Organic Soup**  
Select varieties, 32 fl oz **2<sup>99</sup>** save 1.00
- Ancient Harvest Organic Inca Red Quinoa**  
14.4 oz ..... **5<sup>39</sup>** save 1.60
- European Gourmet Bakery Organic Chocolate Pudding**  
4.5 oz ..... **1<sup>99</sup>** save 50¢
- Equal Exchange Organic Fair Trade Chocolate Bar**  
All varieties, 2.8 oz ..... **2<sup>49</sup>** save 50¢
- ECOS Dishmate**  
Select varieties, 25 fl oz **2/5** save 1.49 ea
- Kleenex White Tissues**  
160 count ..... **4/5** save 75¢ ea

## CHEESE SHOP

- Matiz Tuna Ventresca Arroyabe**  
3.9 oz ..... **12<sup>99</sup>** save 1.00
- Taylor Brothers  
Sugarhouse & Creamery**  
Meriden, New Hampshire
- Aged Colby** ..... **9<sup>99</sup>lb** save 2.00

## BULK

- Golden Temple Granola**  
Select varieties..... **2<sup>99</sup>lb** save 2.00
- Wasabi Green Peas**..... **3<sup>69</sup>lb** save 1.80
- Equal Exchange Organic Breakfast Blend Coffee Beans** ... **8<sup>99</sup>lb** save 2.00

## MEAT

- Freirich Certified Angus Corned Beef Brisket**... **5<sup>99</sup>lb** save 2.00
  - Lamb Shoulder Chops** ..... **5<sup>99</sup>lb** save 1.00
  - Co-op Quality Fresh Ground Beef**..... **4<sup>49</sup>lb** save 50¢
  - Co-op Natural Meats DuBreton Pork Tenderloin**..... **5<sup>99</sup>lb** save 1.00
  - McKenzie Natural Artisan Deli Cob Smoked Uncured Bacon**  
12 oz ..... **5<sup>99</sup>** save 1.00
  - Choice Grade Beef Sirloin Tips**..... **7<sup>99</sup>lb** save 2.00
- Vermont Salumi**—Plainfield, Vt.
- Sausages**  
All varieties, 14 oz ..... **5<sup>99</sup>** save 1.00

## SEAFOOD

### FishWise Yellow Choice

- Cod Loin Fillets**  
Wild-Caught..... **11<sup>99</sup>lb** save 1.00
- Previously Frozen Sockeye Salmon**  
Wild-Caught..... **12<sup>99</sup>lb** save 2.00

## DELI

- McKenzie Country Classics Maple Cured Ham**..... **5<sup>99</sup>lb** save 2.00
- Land O'Lakes American Cheese**  
All varieties..... **4<sup>99</sup>lb** save 50¢
- North Country Smokehouse Smoked Provolone Cheese**..... **5<sup>99</sup>lb** save 1.00
- Plainville Farms Oven-Roasted Turkey Breast**  
7 oz ..... **4<sup>99</sup>** save 1.00

**PRODUCE**

- Organic Lemons ..... **69¢**    save 20¢
- Organic Avocados ..... **4/5**    save 54¢
- Organic Broccoli Crowns ..... **1.99lb**    save 1.00
- Blueberries, Pint ..... **3.49**    save 1.50
- Strawberries, 16 oz ..... **2.79**    save 3.20
- Seedless Grapes  
Green, Red ..... **2.39lb**    save 80¢
- Braeburn Apples ..... **1.49lb**    save 1.00
- Celery ..... **1.49**    save 1.00
- Eggplant ..... **1.49lb**    save 80¢
- Grape Tomatoes, Pint **1.49**    save 1.30
- Green Beans ..... **1.49lb**    save 1.50
- Mesclun Salad Mix ..... **4.99lb**    save 3.00
- Large Green Peppers **1.49lb**    save 50¢
- Red Peppers ..... **1.49lb**    save 50¢

**Blue Ox Farm**—Enfield, N.H.

- Organic Red Beets ..... **1.29lb**    save 1.10
- Organic Shallots ..... **4.99lb**    save 1.00

**HEALTH AND BODY CARE**

- Kirk's Castile Fragrance-Free Bar Soap, 4 oz ..... **2/3**    save 49¢ ea
- Shikai Shower Gel  
All varieties, 12 fl oz ..... **6.99**    save 2.00
- Solaray Once Daily High Energy Multi Vita-Min  
120 count ..... **20.99**    save 9.00

**DAIRY**

- Cabot Creamery Cooperative Shredded Cheese  
All varieties, 8 oz ..... **2/5**    save 49¢ ea
- Kerrygold Pure Irish Butter  
8 oz ..... **2.99**    save 1.30
- Nestle Toll House Chocolate Chip Cookie Dough  
16.5 oz ..... **2.99**    save 80¢
- Liberté Organic Whole Milk Yogurt  
All varieties, 5.5 oz ..... **1.19**    save 70¢
- So Delicious Original Coconut Creamer, 16 fl oz ..... **1.69**    save 80¢

**FROZEN**

- Eggo Waffles, Select varieties, 10.75-12.3 oz ..... **2/4**    save 79¢ ea
- Woodstock Farms Organic Wild Blueberries  
10 oz ..... **3.99**    save 60¢
- Natural Sea Premium Cod Sticks  
8 oz ..... **4.39**    save 1.60
- American Flatbread Pizza  
Select varieties, 13.8-16.8 oz ..... **6.99**    save 3.00
- Graeter's Ice Cream  
All varieties, 16 fl oz ..... **4.29**    save 2.00

**BAKERY**

- Rudi's Organic Bakery Spelt Bread  
20 oz ..... **3.99**    save 1.50
- Pepperidge Farm Deli Swirl Bread  
16 oz ..... **2.99**    save 1.00

**BEVERAGE**

- Taste Nirvana Real Coconut Water with Pulp  
16.2 fl oz ..... **2/4**    save 69¢ ea
- Kevita Sparkling Probiotic Drink  
All varieties, 15.2 fl oz ..... **2/5**    save 49¢ ea
- Coca-Cola Soft Drinks  
Select varieties, 2 liter ..... **4/5**    save 44¢ ea
- Alta Palla Organic Black Cherry Sparkling Beverage  
4-pack, 48 fl oz ..... **3.69**    save 1.30

NEW HAMPSHIRE STORES ONLY

- Moat Mountain Brewing Co. Beer and Ales, All varieties, 4-pack, 64 fl oz ..... **8.99**    save 1.00
- Biokult Organic Grüner Veltliner Austria, 750 ml ..... **13.49**    save 3.50

VERMONT STORE ONLY

- Long Trail Brewing Co. Beer and Ales, All varieties, 12-pack, 144 fl oz ..... **16.99**    save 1.00
- Barefoot Wine, All varieties, California, 750 ml ..... **7.49**    save 1.00

**PREPARED FOOD**

- Co-op Kitchen Spicy Szechuan Noodles ..... **7.99lb**    save 1.00
- RP's Pasta Gluten-Free Organic Red Lentil Fusilli  
9 oz ..... **3.99**    save 2.50
- Global Village Cuisine African No-Nut Vegan Stew  
12 oz ..... **4.49**    save 1.00

**Our Latest Big Deals**

Available through March 14



Members: **54% OFF**

**Nasoya Organic Extra Firm Tofu**  
14 oz

**Co-op Members**  
**2/3**    save 1.79 ea

**Non-Members**  
**1.99**    save 1.30



Members: **47% OFF**

**Napa Valley Extra Virgin Organic Olive Oil**  
25.4 fl oz

**Co-op Members**  
**7.99**    save 7.00

**Non-Members**  
**9.99**    save 5.00



Members: **40% OFF**

**Wolfgang Puck Organic Soup**  
All varieties, 14.5 oz

**Co-op Members**  
**1.79**    save 1.20

**Non-Members**  
**2.39**    save 60¢



Members: **34% OFF**

**Chobani Low Fat & Non-Fat Greek Yogurt**  
All varieties, 5.3 oz

**Co-op Members**  
**99¢**    save 50¢

**Non-Members**  
**1.19**    save 30¢