

Sales Good May 10-16 Now Arriving In Stores...

## Local Asparagus

Fresh from **MacLennan Farm—Windsor, Vermont**

>> Availability may be limited. Select Locations.

>> Over 35 Varieties of Fresh Local Produce Arriving Daily



### HEALTH AND BODY CARE

- Jäsön Powersmile Toothpaste  
6 oz ..... **2/6** save 1.49 ea
- A La Maison Lavender Aloe  
Shower Gel, 16.9 fl oz **5<sup>99</sup>** save 3.00
- Solaray Once Daily High Energy  
Multi-Vita-min  
120 count ..... **17<sup>99</sup>** save 12.00

### FLORAL

- 5" Phalaenopsis Orchid  
Plant ..... **19<sup>99</sup>** save 5.00
- Alaffia Oval Handwoven  
Basket ..... **29<sup>99</sup>** save 7.96

### BULK

- Pecan Halves..... **9<sup>99</sup>lb** save 1.00
- Organic  
Black Turtle Beans .... **17<sup>99</sup>lb** save 40¢
- Dean's Beans Organic  
Birdwatcher's Blend **9<sup>99</sup>lb** save 2.50

### BAKERY

- Udi's Gluten-Free Bread  
Select varieties, 12 oz .... **3<sup>99</sup>** save 1.00
- Divvies Vegan and Nut-Free  
Chocolate Brownie Cookies  
7 oz ..... **3<sup>99</sup>** save 1.50

### PREPARED FOODS

- Co-op Kitchen Original Pizza Dough  
16 oz ..... **1<sup>79</sup>** save 50¢
- Co-op Kitchen  
Macaroni Salad ..... **3<sup>99</sup>lb** save 1.00

### SEAFOOD

#### FishWise Green Choice

- Ocean Steelhead Trout  
Farm-Raised ..... **12<sup>99</sup>lb** save 2.00

#### FishWise Yellow Choice

- Rock Shrimp  
Wild-Caught ..... **13<sup>99</sup>lb** save 2.00

## Our Latest Big Deals

Available through May 16



**Late July Organic  
Tortilla Chips**  
Select varieties, 11 oz  
**Co-op Members**  
**2/4** save 1.99 ea  
**Non-Members**  
**2/5** save 1.49 ea



**Woodstock Farms  
Dark Chocolate  
Covered Almonds**  
**Co-op Members**  
**5<sup>99</sup>lb** save 5.50  
**Non-Members**  
**7<sup>99</sup>lb** save 3.50



**KIND Healthy  
Grains Bars**  
All varieties, 6.2 oz  
**Co-op Members**  
**2/4** save 1.69 ea  
**Non-Members**  
**2/4<sup>9</sup>** save 1.20



**Angie's  
Boomchickapop**  
Select varieties,  
4.5-7 oz  
**Co-op Members**  
**1<sup>99</sup>** save 1.30  
**Non-Members**  
**2/5** save 79¢ ea



**Annie's  
Mac & Cheese**  
Select varieties,  
5.25-6 oz  
**Co-op Members**  
**4/5** save 74¢ ea  
**Non-Members**  
**1/6<sup>9</sup>** save 30¢

## Tuesday & Wednesday

Members, save 10%\* on everything throughout the store!

\*Alcohol and Service Center excluded. Save 10% applies when members shop on the 15th-16th each month.

## GROCERY

<b>Progresso Vegetable Classics Soup</b> 19 oz.....	<b>2/3</b>	save 49¢ ea
<b>Kettle Chips</b> Select varieties, 5 oz.....	<b>2/4</b>	save 99¢ ea
<b>Muir Glen Organic Pasta Sauce</b> All varieties, 25.5 oz.....	<b>2/5</b>	save 1.49 ea
<b>Back To Nature Gluten-Free Crackers</b> All varieties, 4 oz.....	<b>2/5</b>	save 1.49 ea
<b>Keebler Town House Original Crackers</b> 13.8 oz.....	<b>2/5</b>	save 1.79 ea
<b>Quaker Chewy Granola Bars</b> All varieties, 6.7 oz.....	<b>2/5</b>	save 49¢ ea
<b>V8 V-Fusion Juice</b> Select varieties, 46 fl oz	<b>2/5</b>	save 1.49 ea
<b>Quaker Life Cereal</b> 13 oz.....	<b>2/5</b>	save 1.79 ea
<b>Knorr Pasta or Rice Sides</b> Select varieties, 4-5.7 oz.....	<b>5/5</b>	save 59¢ ea
<b>Barbara's Original Puffins</b> 10 oz.....	<b>2/6</b>	save 1.99 ea
<b>Tate's Bake Shop Cookies</b> All varieties, 7 oz.....	<b>3/99</b>	save 1.00
<b>CLIF Kid Organic Zbar</b> All varieties, 7.62 oz.....	<b>2/99</b>	save 2.00
<b>Quinn Microwave Popcorn</b> Select varieties, 6.9-7 oz.....	<b>3/99</b>	save 1.50
<b>Filippo Berio Extra Virgin Olive Oil</b> 50.7 fl oz.....	<b>12/99</b>	save 4.00
<b>Alter Eco Organic Rainbow Heirloom Quinoa</b> 12 oz.....	<b>5/39</b>	save 1.60
<b>Tasty Bite Spice &amp; Simmer Dinner Kit</b> All varieties, 9.52 oz.....	<b>2/69</b>	save 1.10
<b>Bionaturae Organic Pasta</b> Select varieties, 16 oz.....	<b>1/99</b>	save 1.00
<b>R.W. Knudsen Organic Just Tart Cherry Juice</b> 32 fl oz.....	<b>5/99</b>	save 1.50
<b>Equal Exchange Organic Chocolate Bar</b> All varieties, 2.8 oz.....	<b>2/49</b>	save 50¢
<b>Newman's Own Newman-O's</b> All varieties, 13 oz.....	<b>3/99</b>	save 1.00
<b>Castor &amp; Pollux Organix Butcher &amp; Bushel Dog Food</b> All varieties, 12.7 oz can.....	<b>2/4</b>	save 69¢ ea
<b>Method All-Purpose Cleaner</b> Select varieties, 28 fl oz	<b>2/99</b>	save 1.00

## PRODUCE

<b>Organic Cantaloupe</b>	<b>3/99</b>	save 1.00
<b>Organic Cucumbers ...</b>	<b>1/09</b>	save 90¢
<b>Organic Cilantro.....</b>	<b>1/39</b>	save 1.30
<b>Strawberries, 16 oz.....</b>	<b>3/99</b>	save 2.00
<b>Blueberries, pint.....</b>	<b>3/99</b>	save 2.00
<b>Red Seedless Grapes</b>	<b>2/49lb</b>	save 1.00
<b>Mangoes.....</b>	<b>2/3</b>	save 99¢ ea
<b>Mini Watermelon.....</b>	<b>4/99</b>	save 1.70
<b>Green Beans.....</b>	<b>1/69lb</b>	save 50¢
<b>English Cucumbers.....</b>	<b>1/09</b>	save 90¢
<b>Mesclun Salad Mix.....</b>	<b>4/99lb</b>	save 3.00
<b>Vidalia Sweet Onions</b>	<b>7/9¢lb</b>	save 1.00
<b>Jalapeño Peppers.....</b>	<b>2/99lb</b>	save 3.00
<b>Yukon Gold Potatoes</b>	<b>1/09lb</b>	save 60¢
<b>Cluster Tomatoes.....</b>	<b>1/69lb</b>	save 1.20
<b>Wholly Guacamole Classic, Spicy, 8 oz.....</b>	<b>2/69</b>	save 1.00
<b>Daiya Foods Dairy-Free Shreds 8 oz.....</b>	<b>3/69</b>	save 2.30

## BEVERAGE

<b>Kevita Organic Master Brew Kombucha</b> All varieties, 15.2 fl oz.....	<b>2/5</b>	save 49¢ ea
<b>San Pellegrino Sparkling Water</b> All varieties, 11.15 fl oz can.....	<b>7/9¢</b>	save 20¢
<b>Crystal Geyser Alpine Spring Water</b> 6-pack, 101.4 fl oz.....	<b>9/9¢</b>	save 60¢
<b>Snapple Teas</b> Select varieties, 64 fl oz	<b>1/99</b>	save 50¢

## NEW HAMPSHIRE STORES ONLY

<b>Harpoon Brewery UFO Series</b> All varieties, 12-pack, 144 fl oz.....	<b>14/99</b>	save 1.00
<b>Mionetto Prosecco Brut</b> Italy, 750 ml.....	<b>16/99</b>	save 1.00

## VERMONT STORE ONLY

<b>Magic Hat Brewing Company #9</b> 6-pack, 72 fl oz.....	<b>9/49</b>	save 1.50
<b>Farnum Hill Ciders</b> —Lebanon, N.H. <b>Semi-Dry Sparkling Cider</b> 750 ml.....	<b>12/99</b>	save 1.00

## CHEESE SHOP

<b>Ermitage Brie, France</b>	<b>10/99lb</b>	save 1.00
<b>Blue Ledge Farm</b> —Salisbury, Vt. <b>Goat's Milk Cheese.....</b>	<b>11/99lb</b>	save 2.50

## MEAT

<b>Co-op Quality Fresh Ground Beef.....</b>	<b>3/99lb</b>	save 1.00
<b>Boneless Chicken Thighs.....</b>	<b>1/99lb</b>	save 50¢
<b>Choice Grade Beef Strip Steak.....</b>	<b>11/99lb</b>	save 2.00
<b>Schonland's Natural Casing Hot Dogs.....</b>	<b>4/99lb</b>	save 1.00
<b>North Country Smokehouse Cob-Smoked Bacon.....</b>	<b>5/99lb</b>	save 2.00
<b>Thousand Hills Stadium Bratwurst</b> 12 oz.....	<b>6/99</b>	save 1.00

## DELI

<b>North Country Smokehouse Smoked Provolone Cheese.....</b>	<b>5/99lb</b>	save 1.00
<b>Boar's Head Cracked Pepper Mill Smoked Turkey Breast.....</b>	<b>7/49lb</b>	save 2.20
<b>Boar's Head Hard Salami.....</b>	<b>7/99lb</b>	save 1.00
<b>Boar's Head Smoked Ham</b> 8 oz.....	<b>4/29</b>	save 70¢

## DAIRY

<b>Liberté Organic Whole Milk Yogurt</b> 5.5 oz.....	<b>4/5</b>	save 64¢ ea
<b>Chobani Flip Greek Yogurt</b> 5.3 oz.....	<b>5/5</b>	save 59¢ ea
<b>Cabot Creamery Cooperative Whipped Cream</b> 14 oz.....	<b>2/6</b>	save 1.59 ea
<b>Blue Diamond Almond Breeze Almondmilk</b> Select varieties, 64 fl oz	<b>3/39</b>	save 60¢
<b>Maria and Ricardo's White Tortillas</b> 8 count, 13.5 oz.....	<b>2/39</b>	save 90¢

## FROZEN

<b>Tandoor Chef Palak (Saag) Paneer Entrée</b> 10 oz.....	<b>2/6</b>	save 1.29 ea
<b>Julian's Vanilla Belgian Pastry Waffles</b> 7.8 oz.....	<b>3/29</b>	save 1.00
<b>Northeast Grown Organic Green Beans</b> 10 oz.....	<b>3/49</b>	save 1.30
<b>Delizza Belgian Mini Eclairs</b> 14.8 oz.....	<b>4/99</b>	save 50¢
<b>Walpole Creamery</b> —Walpole, N.H. <b>Ice Cream</b> All varieties, 16 fl oz.....	<b>3/99</b>	save 1.30