



Co-op Savings and Highlights

Visit coopfoodstore.coop/enews... it's this flier, but less trees!

This Thanksgiving, Let Our Chefs Cook For You

Local, Vegetarian & Vegan Dishes

- Vegan Wild Rice and Quinoa Stuffing
- Vermont Oven-Roasted Turkey Breast
- Local Whipped Winter Squash
- And Much More!



>> Preorder Today at our Prepared Foods Counter or Online at Coopfoodstore.coop

SALES GOOD NOVEMBER 8-14

GROCERY

- Betty Crocker Fudge Brownie Mix**
18.3 oz, Family Size **2/3** save 39¢ ea
- Wolfgang Puck Organic Soup**
All varieties, 14.5 oz **2/4** save 99¢ ea
- Wise Potato Chips**
All varieties, 8.75-9 oz **2/4** save 1.99 ea
- Imagine Foods**
- Low Sodium Chicken Broth**
32 fl oz **2/4** save 1.99 ea
- Ocean Spray Cranberry Juice Blends**
All varieties, 64 fl oz **2/5** save 1.19 ea
- Nabisco Triscuit Crackers**
Select varieties,
7.1-8.5 oz **2/5** save 1.49 ea
- Late July Organic**
- Restaurant-Style Tortilla Chips**
Select varieties, 11 oz **2/5** save 1.49 ea
- Woodstock Organic Cranberry Sauce**
Jellied, Whole, 14 oz **2/5** save 2.49 ea
- Divine Fair Trade Chocolate Bar**
All varieties, 3.5 oz **2/5** save 99¢ ea
- Jell-O Pudding**
All varieties, 1-3.9 oz **89¢** save 30¢
- Domino Brown Sugar**
Dark, Light, 16 oz **99¢** save 50¢
- Wholesome! Organic Powdered Sugar**
16 oz **2⁹⁹** save 1.50
- General Mills Chex Cereal**
Select varieties, 12-14 oz **2⁷⁹** save 1.00
- McCann's**
- Quick Cooking Irish Oatmeal**
16 oz **3⁹⁹** save 1.00
- Purely Elizabeth**
- Grain-Free Superfood Bar**
Select varieties, 1.4 oz **1⁵⁹** save 40¢
- Ryvita Rye Crispbread**
Select varieties, 8.8 oz **1⁹⁹** save 1.00

GROCERY

- Drew's Organic Salsa**
All varieties, 12 oz **2⁹⁹** save 1.40
- Olivia's Croutons**
Select varieties, 4.5-5 oz **3⁴⁹** save 80¢
- Mediterranean**
- Organic Pitted Kalamata Olives**
4.8 oz **3⁷⁹** save 1.70
- Maya Kaimal Indian Simmer Sauces**
All varieties, 12.5 oz **2⁹⁹** save 2.30
- Tazo Tea**
Select varieties, 20 count **3²⁹** save 1.20
- Charmin Basic**
- Bath Tissue Double Roll**
12 Roll **5⁹⁹** save 1.00
- Field Day**
- 100% Recycled Paper Towels**
3 Roll **3⁴⁹** save 50¢

BULK

- Organic Pitted Dates** **4⁹⁹lb** save 1.00
- Grandy Oats High Antioxidant Trail Mix** **9⁹⁹lb** save 1.50
- Equal Exchange Organic**
- French Roast Coffee** ... **8⁹⁹lb** save 2.00

FROZEN

- Woodstock Farms Organic**
- Cut Spinach, 10 oz** **2/4** save 99¢ ea
- Wyman's of Maine**
- Fresh Frozen Red Raspberries**
12 oz **3²⁹** save 70¢
- Tandoor Chef Chicken Curry**
w/ Basmati Rice, 9 oz **3⁴⁹** save 1.50
- American Flatbread Uncured**
- Pepperoni Bacon Hot Frustas**
15 oz **4⁹⁹** save 1.60
- Alden's Organic Ice Cream Bars**
Select varieties, 12 fl oz **3⁵⁹** save 90¢

PRODUCE

- Organic**
- Honeycrisp Apples** **2⁷⁹lb** save 1.20
- Organic Portabella**
- Mushrooms** **5⁷⁹lb** save 3.00
- Organic**
- Spaghetti Squash** **1²⁹lb** save 70¢
- Real Pickles Organic Kimchi**
15 oz **8⁹⁹** save 1.00
- Clementines, 3 lb bag** **4⁴⁹** save 1.00
- Seedless Grapes**
- Green, Red** **2¹⁹lb** save 1.30
- Bosc Pears** **1⁷⁹lb** save 1.00
- Cauliflower** **2⁹⁹** save 1.00
- Eggplant** **1³⁹lb** save 90¢
- Mesclun Salad Mix** **5⁷⁹lb** save 3.00
- Sliced White Mushrooms**
8 oz **1⁹⁹** save 1.00
- Imported Peppers**
- Orange, Red, Yellow** **2⁹⁹lb** save 1.30
- Grape Tomatoes**
Pint **1⁹⁹** save 1.00
- Bolthouse Farms Dressings**
All varieties 14 fl oz **3²⁹** save 70¢

CHEESE SHOP

- Matiz Gallego**
- Mussels in Olive Oil & Vinegar**
4.2 oz **5⁹⁹** save 1.00
- Parish Hill Creamery**
Putney, Vermont
- Humble Herdsman** **20⁹⁹lb** save 5.00
- Von Trapp Farmstead**
Waitsfield, Vermont
- Oma Cheese** **24⁹⁹lb** save 1.00

SOME ADVERTISED SPECIALS MAY NOT BE AVAILABLE IN ALL LOCATIONS.

FLORAL

4" Cyclamen Plant**6⁹⁹** save 1.00

BEVERAGE

Perrier Sparkling Water

Select varieties,
25.3 fl oz**2/3** save 59¢ ea

Polar Seltzers, All varieties,

12-pack, 144 fl oz**3⁴⁹** save 1.10

Fentimans Botanically Brewed

Beverages, All varieties, 4-pack,
37.2 fl oz**5⁹⁹** save 1.30

NEW HAMPSHIRE STORES ONLY

603 Brewery Winni Ale

6-pack, 72 fl oz**7⁹⁹** save 1.00

Grayson Cellars Wine

Select varieties, California,
750 ml**12⁹⁹** save 3.00

VERMONT STORE ONLY

Sierra Nevada Beer and Ales

All varieties, 12-pack,
144 fl oz**15⁹⁹** save 1.00

[Yellow Tail] Wine, All varieties,

Australia, 1.5 liter**11⁹⁹** save 3.00

HEALTH AND BODY CARE

A La Maison Hand & Body Lotion

All varieties, 5 fl oz**6⁴⁹** save 1.50

Solaray Once Daily High Energy

Multi-Vita-Min

120 count**20⁹⁹** save 9.00

Honey Gardens Elderberry Syrup

4 fl oz**8⁴⁹** save 3.50

MEAT

Co-op Quality

Fresh Ground Beef**4⁴⁹lb** save 50¢

Choice Grade Beef

for Stew**5⁴⁹lb** save 50¢

Choice Grade Beef

Chuck Steak**4⁹⁹lb** save 1.50

Smart Chicken Organic Boneless

Chicken Breast**9⁹⁹lb** save 1.00

Smart Chicken Organic

Chicken Legs**2⁹⁹lb** save 50¢

Boar's Head Smoked Bacon

16 oz**5⁹⁹** save 2.00

Robie Farm—Piermont, N.H.

Crankin' Country

Pork Sausage**5⁹⁹lb** save 2.00

SEAFOOD

FishWise Yellow Choice

Mahi-Mahi

Wild-Caught**10⁹⁹lb** save 1.00

Yellow Fin Tuna

Wild-Caught**15⁹⁹lb** save 4.00

PREPARED FOODS

Co-op Kitchen Butternut & Cranberry
Risotto Cakes**1⁷⁹** save 70¢

Kettle Cuisine White Cauliflower
& Cheddar Soup**4⁹⁹lb** save 1.00

DAIRY

Cabot Creamery Cooperative

Farmers' Legacy Collection Cheese
All varieties, 6-8 oz bar **2/4** save 1.29 ea

Pillsbury Pie Crust

14.1 oz**2/5** save 99¢ ea

Chobani

Lowfat & Non-Fat Greek Yogurt
All varieties, 5.3 oz**5/5** save 49¢ ea

Newman's Own Lemonade & Juices

All varieties, 59 fl oz**1⁹⁹** save 60¢

Coyo Coconut Yogurt

Natural, Vanilla, 12 oz**3⁹⁹** save 80¢

BAKERY

Pepperidge Farm

Farmhouse Breads, All varieties,
22-24 oz**2⁹⁹** save 1.00

Ozery Bakery Snacking Rounds

Select varieties, 12.7 oz **2⁹⁹** save 1.00

DELI

North Country Smokehouse

Black Forest Ham**6⁴⁹lb** save 2.50

North Country Smokehouse Smoked

Provolone Cheese**5⁹⁹lb** save 1.00

Our Latest Big Deals

Available through November 14



Blue Diamond Artisan Nut Thins
Select varieties, 4.25 oz

Co-op Members 2/4 save 1.99 ea

Non-Members 2⁴⁹ save 1.50



Nature's Path Organic Oatmeal

Select varieties,
11.2-14 oz

Co-op Members 2/5 save 1.99 ea

Non-Members 2⁹⁹ save 1.50



Wholly Wholesome Gluten-Free 9" Pie Shells

14 oz

Co-op Members 3⁹⁹ save 2.50

Non-Members 4⁹⁹ save 1.50



Talenti Gelato
Select varieties,
16 fl oz

Co-op Members 3²⁹ save 1.70

Non-Members 3⁹⁹ save 1.00



Lesser Evil Organic Popcorn

Select varieties,
5-7 oz

Co-op Members 2/5 save 1.19-1.29 ea

Non-Members 2⁹⁹ save 70-80¢



Seventh Generation Dish Liquid

Select varieties,
22-25 fl oz

Co-op Members 2/5 save 1.49 ea

Non-Members 2⁹⁹ save 1.00