

Our Latest Big Deals

Available through May 15



Members:
50% OFF

Native Forest Organic Coconut Milk Classic, 13.5 fl oz

Co-op Members
2/3 save 1.49 ea

Non-Members
1.99 save 1.00



Members:
48% OFF

Crofter's Organic Conserves or Spread
Select varieties, 16.5 oz

Co-op Members
2/6 save 2.79 ea

Non-Members
3.99 save 1.80



Members:
48% OFF

Cascadian Farm Organic Granola Bars
All varieties, 6.2-7.4 oz

Co-op Members
2/5 save 2.29 ea

Non-Members
3.49 save 1.30



Members:
45% OFF

Terra Harvest Sesame Sticks
Garlic, Salted

Co-op Members
1.99lb save 1.60

Non-Members
2.59lb save 1.00



Members:
43% OFF

Maria and Ricardo's 8" White Tortillas
13.5 oz

Co-op Members
2/4 save 1.49 ea

Non-Members
2.79 save 70¢



Members:
43% OFF

Annie's Naturals Organic Ketchup
24 oz

Co-op Members
2.29 save 1.70

Non-Members
2.99 save 1.00



Members:
43% OFF

Sesmark Thins
Select varieties, 3.2-7 oz

Co-op Members
2/4 save 1.49 ea

Non-Members
2.79 save 70¢



Members:
43% OFF

LesserEvil Organic Popcorn
Select varieties, 5-7 oz

Co-op Members
2.29 save 1.70

Non-Members
2.79 save 1.20



Members:
40% OFF

Talenti Gelato
Select varieties, 16 fl oz

Co-op Members
2/6 save 1.99 ea

Non-Members
3.79 save 1.20



Members:
37% OFF

Van's Waffles
Select varieties, 8-9 oz

Co-op Members
2/4 save 1.19 ea

Non-Members
2.49 save 70¢



Member Appreciation Days

Wednesday & Thursday (5/15-5/16)

Members, **save 10%*** on everything throughout the store!

*Alcohol and Service Center excluded. Save 10% applies when members shop on the 15th-16th each month.

GROCERY

- Kettle Potato Chips**
Select varieties, 5 oz **2/4** save 99¢ ea
- Drew's Organic Dressing & Marinade**
Select varieties, 12 fl oz **2/5** save 1.19 ea
- Frito Lay SUNCHIPS**
Select varieties, 7 oz **2/5** save 79¢ ea
- Muir Glen Organic Tomatoes**
Select varieties, 14.5 oz **5/5** save 1.19 ea
- Keogh's Irish Potato Crisps**
Select varieties, 4.4 oz **2/6** save 79¢ ea
- Quaker Life Cereal**
Cinnamon, Original,
13 oz **2/6** save 1.29 ea
- San Remo Reginelle Pasta**
10 oz **2/6** save 1.49 ea
- General Mills Honey Nut Cheerios**
10.8 oz **2/7** save 1.70
- LÄRABAR Fruit & Nut Snack Bar**
1.7 oz **99¢** save 60¢
- Filippo Berio Extra Virgin Olive Oil**
8.4 fl oz **3/4** save 1.00
- Lake Champlain Organic Filled Chocolate Bar**
All varieties, 3.25 oz **3/2** save 70¢
- Equal Exchange Organic Fair Trade Chocolate Bar**
All varieties, 2.8 oz **2/4** save 50¢
- Equal Exchange Organic Fair Trade Tea**
All varieties, 20 count **3/2** save 70¢
- Field Day Free & Clear Liquid Laundry Detergent**
100 fl oz **9/9** save 2.00
- Charmin Basic Double Roll Bath Tissue**
12 rolls **4/9** save 2.00

**Ariel's Honey Infusions**

Waitsfield, Vermont

- Honey Infusion**
Select varieties, 4.5 oz **6/9** save 1.00

DAIRY

- Pillsbury Crescent Rolls**
8 oz **2/4** save 59¢ ea
- Liberté Organic Whole Milk Yogurt**
All varieties, 5.5 oz **4/5** save 74¢ ea
- Cabot Creamery Cooperative Cheese Slices**
All varieties, 8 oz **2/5** save 1.19 ea

BAKERY

- Dave's Killer Bread Organic White Bread Done Right**
24 oz **4/9** save 1.00

BEVERAGE

- Hubert's Lemonade**
All varieties, 16 fl oz **2/3** save 69¢ ea
- Gatorade**
All varieties, 64 fl oz **2/4** save 99¢ ea
- Poland Spring Sparkling Water**
All varieties, 33.8 fl oz **7/9** save 30¢
- Coca-Cola Soft Drinks**
Select varieties, 2 liter **1/3** save 30¢

NEW HAMPSHIRE STORES ONLY

- The Shed Brewery Mountain Ale**
12-pack, 144 fl oz **1/4** save 1.00
- Château Beauchêne Côtés Du Rhône**
France, 750 ml **1/6** save 1.00

VERMONT STORE ONLY

- Lagunitas Brewing Company Sumpin' Easy Ale**
12-pack, 144 fl oz **1/6** save 1.00
- J. Lohr Cabernet Sauvignon**
California 750 ml **1/4** save 5.00

MEAT

- Co-op Natural Fresh Ground Beef** **5/9** lb save 1.00
- McKenzie Country Classics Petit Maple Half Hams** **4/9** lb save 1.00
- Pineland Farms Natural Meats Tri-Tip Steak** **8/9** lb save 2.00
- Oscar Mayer Thick Cut Bacon**
16 oz **6/9** save 1.00
- Applegate Naturals No Sugar Breakfast Sausages**
Pork, Chicken Herb, 7 oz **3/9** save 1.00

SEAFOOD

- Ocean Steelhead Trout**
Farm-Raised **12/9** lb save 1.00

FishWise Yellow Choice

- Fresh Shrimp, Wild-Caught,**
16-20 count **16/9** lb save 1.00

DELI

- North Country Smokehouse Black Forest Ham** **7/9** lb save 1.00
- Boar's Head Low-Sodium Provolone** **5/9** lb save 1.00

CHEESE SHOP

- Yankee Farmer's Market Nitrate-Free Buffalo Summer Sausage**
8 oz **9/9** save 2.00

**Blue Ledge Farm**—Salisbury, Vt.

- Lake's Edge Goat Cheese** **18/9** lb save 1.00

PRODUCE

- Organic Cilantro** **2/3** save 1.29 ea
- Organic Cucumbers** **9/9** save 80¢
- Organic Raspberries**
6 oz **3/9** save 2.50
- Blueberries, Pint** **3/9** save 1.00
- Mini Watermelon** **4/9** save 2.00
- Peeled Baby Carrots**
16 oz **9/9** save 50¢
- Vidalia Sweet Onions** **1/0** lb save 50¢
- Squash**
Summer, Zucchini **1/2** lb save 1.00
- WestSoy Chicken-Style Seitan**
18 oz **4/4** save 2.50

FROZEN

- Frontera Taco Bowl**, Select varieties,
10.75-11.5 oz **3/4** save 1.50
- Ling Ling Chicken Potstickers**
13 oz **4/4** save 1.30
- American Flatbread Pizza**
Select varieties,
13.8-16.8 oz **6/9** save 3.00
- Klondike Ice Cream Bars**
Select varieties,
24-27 fl oz **3/4** save 1.50

FLORAL

- Mini Carnation Bunch**
Each **5/9** save 3.00
- 5" Phalaenopsis Orchid Plant**
Each **20/9** save 5.00

BULK

- Organic White Quinoa** **28/9** lb save 40¢
- Woodstock Farms Dark Chocolate Covered Almonds** **9/9** lb save 1.50
- Vermont Coffee Company Organic Signature Series**
Select varieties, 16 oz **10/9** save 2.00

PREPARED FOOD

- Co-op Kitchen Spicy Baked Tofu** **7/9** lb save 1.00
- Co-op Kitchen Mexican Street Corn** **7/9** lb save 1.00

HEALTH AND BODY CARE

- Badger SPF 15 Clear Zinc Lip Balm**
.15 oz **2/4** save 50¢
- New Chapter One Daily 55+ Multi**
Every Woman's, Every Man's,
48 count **3/9** save 6.00